



# WHITE HART INN

## GLUTEN FREE

### MENU

MONDAY & TUESDAY  
12-3  
WEDNESDAY & THURSDAY  
12-3 | 5-8.30  
FRIDAY & SATURDAY  
12-3

## STARTERS

- BURRATA (v) - £7.50  
Burrata Cheese on a bed of Tomatoes, with Pesto Oil & Basil
- PRAWNS PIL PIL - £8  
King Prawns cooked in Chilli, Garlic & Coriander Oil, with Gluten Free Garlic Bread
- SOUP OF THE DAY (v) - £6  
Homemade Soup of the Day with Gluten Free Bread & Butter
- TANDOORI CHICKEN PIECES - £7.50  
Tandoori Chicken & Red Onions, with Side Salad & Mint Yoghurt Dip
- PRAWN COCKTAIL - £8  
Freshwater Prawns in Marie Rose Sauce, Leaves & Gluten Free Bread
- NACHOS TO SHARE (v) - £9  
Tortilla Chips topped with Salsa & Cheese with Dips - Add Chilli or Veg Chilli for £4

## MAIN COURSES

- CLASSIC CHICKEN CHASSEUR - £14  
Chicken Thighs & Mushrooms cooked in a Red Wine & Tomato Sauce, served with Creamy Mash, Petit Pois & Tenderstem Broccoli
- CHILLI CON CARNE OR 3-BEAN CHILLI (v) - £12.50  
Homemade Chilli Con Carne/3-Bean Chilli served with Basmati Rice & Tortilla Chips
- SPICY VEGETABLE NOODLES (v) - £12  
Udon Noodles, Onions, Peppers, Mushrooms in a Sweet Chilli & Cajun Sauce - Add Steak or King Prawns for £5
- BLADE OF BEEF BOURGUIGNON - £16  
Slow Cooked 10oz Blade of Beef in Red Wine, with Pearl Onions & Smoked Bacon, served over Creamy Mash, with Carrots & Tenderstem Broccoli
- LAMB KOFTA SALAD - £13  
Dressed Salad Bowl topped with Lamb Koftas, Minted Yoghurt & Coriander
- SPICY STEAK/KING PRAWNS - £16  
Onions, Peppers & Mushrooms in a Sweet Chilli & Cajun Sauce with Steak or King Prawns, Basmati Rice & Gluten Free Garlic Bread

## BURGERS

- 6OZ BEEF BURGER - £8.50  
CHEESEBURGER - £9.50  
BACON CHEESEBURGER - £10.50  
MEXICAN BURGER - TOPPED WITH SALSA,  
JALAPEÑOS & CHEESE - £10  
GRILLED CHICKEN, BACON & CHEESE - £10.50

## DIRTY FRIES

- CHEESE, BACON & CRISPY ONIONS - £7  
FAJITA CHICKEN, ONIONS, PEPPERS, CHEESE &  
SPICY MAYO - £9  
SPICY STEAK, ONIONS, PEPPERS & CHEESE - £11  
CHILLI CON CARNE & CHEESE - £8.50  
3-BEAN CHILLI & CHEESE (v) - £8.50

## SIDES

- CHUNKY CHIPS/SKINNY FRIES - £4  
CHEESY CHIPS - £4.50  
MIXED SIDE SALAD - £3  
GARLIC BREAD - £3 (ADD CHEESE FOR £1)  
CHEESY JALAPEÑO GARLIC BREAD - £5  
SAUTÉED MUSHROOMS - £4

PLEASE SPECIFY "GLUTEN FREE" WHEN ORDERING

\*Our food is prepared in areas where cross contamination may occur\*